

## Sun Fook Kong Took Part in World Blood Donor Day

World Blood Donor Day is an annual event that takes place on every 14th of June and Sun Fook Kong continues to support this meaningful event by encouraging and organizing our employees to participate in the donation of blood.



Group photo of companies participated in World Blood Donor Day.



Blood donors from Sun Fook Kong.

Sun Fook Kong continues to support the Hong Kong Red Cross in raising awareness for the constant need for blood and organized its employees to participate in this blood donation event. The Group continues to cultivate an attitude of empathy and kindness in its employees through their support in blood donations.

Many employees participated in the blood donation event at the Hong Kong Red Cross Headquarters. Sun Fook Kong continues to encourage and support employees in participating in blood donations and other social welfare events.

## Sun Fook Kong organized Health Talk for staffs

The problem of environmental pollution in Hong Kong is becoming increasingly serious. Majority of office workers neglect their personal health as they suffer great pressure from work. In order to arouse the colleagues' awareness in this aspect and to enhance their understanding on health, Sun Fook Kong invited Dr. Yeung Pan to conduct a seminar for our staffs in order to strengthen our staff's knowledge on common diseases on 23 June. Dr. Yeung Pan, is a specialist in Geriatric Medicine.



Our staff paid full attention during the seminar.



Senior Management issued certificate to Dr. Yeung Pan (third from the left) after the seminar.

The seminar attracted quite a number of staffs to attend. Dr. Yeung shared a lot of patients' cases to foster the understanding on how to face the diseases rationally and the effective prevention of diseases. The Group will continue to arrange this kind of seminar continuously in the future in order to bring positive impact to our staffs' well-being.

## Sun Fook Kong Successfully Organized Volunteer Service - Painting Day for Shek Wai Kok Pre-School Center

Sun Fook Kong organized a painting day, "Paint from the Heart", for its employees on the 3rd of June. Volunteers from Sun Fook Kong actively took part in painting the Shek Wai Kok Preschool Center and had a pleasant morning via giving back to the community by adding a brand new coat of paint.



Group photo of volunteers in front of the newly painted preschool center.



Sun Fook Kong staff taking part in the painting work.

Sun Fook Kong's volunteer team continues to contribute back to the community and twenty volunteers from Sun Fook Kong participated in painting the center's walls. This "Paint from the Heart" event provided an opportunity for Sun Fook Kong volunteers to be involved in the social sector through the creation of a refreshing colorful space for the Preschool Center.

Sun Fook Kong has been consistently focusing on giving back to the society. Sun Fook Kong will continue to strive to make contributions to the society in different sectors of the social and community services by organizing more volunteer events and activities for its staff to participate in.

The Group will continue to maintain the positive and open attitude towards all the volunteer services.



Volunteers from Sun Fook Kong enjoyed a lot in the painting work.

## Sun Fook Kong successfully organized Volunteer Training Workshop with Agency for Volunteer Services

Sun Fook Kong hosted a volunteer training workshop on July 19th, inviting the Agency for Volunteer Services (AVS) to brief its employees on volunteering with children and to advocate for future contributions in the social sector. Sun Fook Kong's volunteer team enjoyed an afternoon of presentations, games and other activities.



Group photo of Agency for Volunteer Services speakers and Sun Fook Kong Employees with their training certificates.

Thirty employees participated in the volunteer workshop during which the speakers from the Agency for Volunteer Services presented on the different aspects of volunteering including the definition, meaning and value of volunteer work, with a special presentation on volunteering and working with children. This training workshop gave the participants valuable knowledge on skills that they could apply in practical scenarios. The training workshop ended in a Q and A session where participants shared their continued interest in future volunteer opportunities and they all obtained the training certificates.

Sun Fook Kong is committed to giving back to the community through various social sectors and continues to open up opportunities to train its staff to acquire different skills. Sun Fook Kong also values its staff and seeks to give them more training opportunities to allow them to explore their potential talents.